

# Wind-eze®

Simeticone

## What Wind-eze tablets do

Symptoms of stomach pain and bloating can be caused by the build up of trapped wind. Wind-eze is formulated to relieve these symptoms by dispersing the tiny bubbles of trapped wind.

## Do not take Wind-eze:

- if you are allergic to simeticone or any of the other ingredients (see further information)
- if you use mineral oil (paraffin) based laxatives
- if you are under 12 years.

## Take special care with Wind-eze:

- if symptoms persist for more than 14 days, or if symptoms worsen, medical advice must be sought
- if you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine as these tablets contain sorbitol and sucrose.

## Other medicines and Wind-eze

If you are being treated with levothyroxine for a thyroid disorder, using Wind-eze might reduce the amount of this type of medicine that is absorbed and weaken the effect of your treatment.

## Pregnancy and breast feeding

- Ask your doctor for advice before taking this product.

## How to take Wind-eze

Adults and children 12 years and over: Take 1 tablet 3 or 4 times daily after meals and at bedtime as necessary. The tablets must be chewed before swallowing.

Not recommended for children under 12 years.

## Further information

If you take too many tablets or your symptoms persist or get worse, tell your doctor or pharmacist. Like all medicines, Wind-eze can have side effects, but not everybody gets them. You may experience allergic reactions such as skin rash, itchy skin, swelling of the face or tongue or difficulty breathing or stomach upset, diarrhoea, nausea or constipation.

## Reporting of side effects:

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard)

By reporting side effects you can help provide more information on the safety of this medicine.

**Active ingredient** Each chewable tablet contains Simeticone 125 mg (activated dimeticone).  
**Other ingredients** Starch, sorbitol (E 420), tribasic calcium phosphate, citric acid, talc, peppermint flavour, non-pareil seeds (sucrose and starch).



Keep out of the reach and sight of children.

 **Forest**



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The marketing authorisation holder is Forest Laboratories UK Ltd, Whiddon Valley, Barnstaple, North Devon, EX32 8NS, United Kingdom and all enquiries should be sent to this address.  
The manufacturer is Wrafton Laboratories, Wrafton, Braunton, North Devon, EX33 2DL, U.K.

Information revised: December 2015. Store below 25°C in a dry place. Do not use this medicine after the 'EXP' date shown on the pack. PL 00108/0336

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