INSTRUCTIONS FOR USE

- To minimise the risk of unwanted side-effects, it is important that you and/or the people who care for you know how to use this medicine correctly
- If you have any questions or need more information, please read the package leaflet that comes with the medicine
- Talk to your doctor or pharmacist if you do not understand these instructions or require further assistance

Reporting of side effects: If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet.

You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard.

By reporting side effects you can help provide more information on the safety of this medicine.

| Important points to remember! | How to apply your transd | ermal patch | Where to apply your transdermal patch |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Take off the old patch before putting one new patch on | Carefully <u>remove the existing</u> <u>patch</u> from your skin before | PAR | Take off the old patch before putting <u>one</u> new patch on |
| Apply only <u>one</u> patch per day | putting on <u>one</u> new patch | | Apply <u>one</u> new patch every day in only <u>one</u> of the following areas, as shown in the pictures below |
| Do not cut the patch into pieces | 2. Remove the new patch from the sachet. This sachet can now be used to safely dispose | | You can apply the new patch in <u>one</u> of the marked areas (A or B or C or D or E or F or G or H), but do not use the exact spot within the same area |
| Press the patch firmly in place for at least 30 seconds using the palm of the hand | of the old patch 3. Peel one side of the protective | | Front |
| Dispose of old patch by placing it in an empty sachet and then putting it in the bin | liner off the patch | | (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () (). () () |
| Do not expose the patch to any external heat sources (e.g. excessive sunlight, saunas, solarium) for long periods of time | 4. Put the sticky side of the patch on the upper or lower back, upper arm or chest and then peel off the other side of the protective liner | | Back E G G H |
| | 5. Using the palm of your hand, press the patch firmly in place for at least 30 seconds | | The patch should not be applied to skin that is red, irritated or cut Do not apply to the stomach or thigh |

Job Code: UK/MED/15/0032 (1)

Date of Preparation: June 2015

MEDICATION RECORD SHEET

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| patch | | or G or H), but do not use the exact spot w | vithin the same area. |
| Tick the box when you remove the old | patch | Front | |
| Each time that you apply a new patch, enter the date of application and the day of the week when you applied the patch | | | |
| Enter the letter of the application area | where you apply the new patch | | |
| If you have any questions or need more information, please read the package leaflet that comes with the medicine Talk to your doctor or pharmacist if you do not understand these instructions or require further assistance | | Back | |
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