Package leaflet: Information for the user

Naproxen

250 mg and 500 mg Tablets

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it
- Neep this leanet. You may heed to lead it again.
 If you have any further questions, ask your doctor or pharmacist.
 This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs are the same
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

Important safety information about this

- DO NOTTAKE if you have a peptic ulcer DO NOTTAKE if you have a peptic ulcer (ulcer in your stomach or duodenum) or bleeding in your stomach, or have had two or more episodes of peptic ulcers, stomach bleeding or perforation.

 STOPTAKING the medicine and seek immediate medical help if you suffer from any of the following at any time during your treatment:
- your treatment:
 - Pass blood in your faeces (stools/motions)
- o Pass black tarry stools o Vomit any blood or dark particles that
- look like coffee grounds.

 STOP TAKING the medicine and tell your
- doctor if you experience indigestion or heartburn, abdominal pain (pains in your stomach) or other abnormal stomach
- stomach) or other abnormal stomach symptoms. Your doctor should prescribe the lowest dose which is effective for you for the shortest period necessary. This will help to reduce the possibility of any side effects. Do not exceed the prescribed dose or duration of treatment.

Now read the rest of this leaflet. It includes other important information on the safe and effective use of this medicine that might be especially important for you.

What is in this leaflet:

- What Naproxen is and what it is used for 2. What you need to know before you take
- Naproxen
 3. How to take Naproxen

- Nossible side effects
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1. What Naproxen is and what it is used for

Naproxen is a non-steroidal anti-inflammatory drug (NSAID).

Naproxen tablets are used in adults:

- to treat rheumatoid arthritis, osteoarthritis (degenerative arthritis), ankylosing spondylitis (inflammation affecting joints spondylitis (inflammation affecting joints between the spine and pelvis), gout, fnjury and short-term problems with the joints such as sprains and strains

 to relieve stiffness and pain in the back

 to relieve period pains.

Naproxen tablets are used in children over

5 years of age:
to treat juvenile rheumatoid arthritis.

2. What you need to know before you take Naproxen

- DO NOT take Naproxen if you:

 are allergic (hypersensitive) to naproxen or any of the other ingredients of this medicine (listed in section 6)
- (listed in section 6) are allergic (hypersensitive) to any other NSAID drugs, e.g. aspirin, ibuprofen have had problems in the past caused by taking any NSAIDs e.g. gastro-intestinal bleeding or perforation, asthma, an itchy runny nose, nasal polyps (swellings inside the nose), rashes or swelling of the skin suffer from or have a history of peptic ulcers (ulcers in your stomach or duodenum), or bleeding in your digestive tract have severe heart failure, liver or kidney failure

- are in the last three months of pregnancy.

Warnings and precautions Take special care with Naproxen Talk to your doctor before you start to take this medicine if you:

- this medicine if you:

 are elderly

 had or have bronchial asthma or allergies
 (like hayfever)

 suffer from any kidney problems (e.g. kidney
 inflammation, blood and/or protein in the
- urine) suffer from any **liver or heart problems** (e.g. high blood pressure, stroke, heart attack) have **fluid retention**
- suffer from any blood clotting disorders have a history of disease or problems with
- your digestion system (especially if you have any bleeding)
 have ulcerated colitis or Crohn's disease

- have ulcerated colitis or Crohn's disease have systemic lupus erythematosus (SLE), or other connective tissue disorders have Stevens-Johnson syndrome, toxic epidermal necrolysis, drug reaction with eosinophilia and systemic symptoms (DRESS) (severe skin problems) are a female and trying to get pregnant.

If you are to undergo adrenal function tests or urine tests your doctor may tell you to stop taking Naproxen in case it interferes with

Medicines such as Naproxen may be weucines such as Naproxen may be associated with a small increased risk of heart attack ("myocardial infarction") or stroke. Any risk is more likely with high doses and prolonged treatment. Do not exceed the recommended dose or duration of treatment.

If you have heart problems, previous stroke or think that you might be at risk of these conditions (for example if you have high blood pressure, diabetes, or high cholesterol or are a smoker) you should discuss your treatment with your doctor or pharmacist.

Other medicines and Naproxen Tablets

Other medicines and Naproxen lablets
Tell your doctor or pharmacist if you are taking
or have recently taken or might take any other
medicines, including medicines obtained
without a prescription. Especially if you are

- taking
 aspirin or any other NSAID (e.g. ibuprofen, cyclooxygenase-2-selective inhibitor medicines).
- medicines), any other pain killers medicines that could increase the risk of ulcers or bleeding in your stomach such as corticosteroids (e.g., hydrocortisone or prednisolone), anti-coagulants (e.g., heparin, warfarin) or anti-platelets (e.g. aspirin) aspirin / acetylsalicylic acid to prevent blood clots medicines used to treat the symptoms of hearthur, (antacids)
- heartburn (antacids)
- medicines to treat high blood pressure

- medicines to treat high blood pressure ACE inhibitor medicines (e.g. ramipril) heart medicines (e.g. digoxin) ciclosporin or tacrolimus (a medicine used following organ transplants) quinoline antibiotics (e.g. ciprofloxacin, norfloxacin or levofloxacin) lithium (a drug used to treat depression) methotrexate (a treatment for leukaemia and rheumatoid arthritis) medicines to treatType 2 diabetes (e.g. sulphonylurea)
- sulphonylurea)
- sulptonylurea)
 probenecid (a drug used to treat gout)
 diuretics ('water tablets') such as furosemide
 mifepristone in the last 8-12 days, (used to

- mirepristone in the last 8-12 days, (used iterminate a pregnancy) zidovudine (used to treat HIV) colestyramine (used to relieve diarrhoea after surgery or radiotherapy, lower cholesterol or other fats in the blood, prevent heart disease, or treat itching) SSRIs (used to treat depression).

- Pregnancy, breast-feeding and fertility

 Do not use Naproxen in the last three months
 of pregnancy or during labour and delivery. It
 can cause kidney and heart problems in your
 unborn baby. It may affect you and your
 baby's tendency to bleed and cause labour to baby's tendency to bleed and cause labour to be later or longer than expected. You should not take Naproxen during the first 6 months of pregnancy unless absolutely necessary and advised by your doctor. If you need treatment during this period or while you are trying to get pregnant, the lowest dose for the shortest time possible should be used. If taken for more than a few days from 20 weeks of pregnancy onward, Naproxen can cause kidney problems in your unborn baby that may lead to low levels of amnotic fluid that surrounds the baby (oligohydramnios) or narrowing of a blood vessel (ductus arteriosus) in the heart of the baby. If you arteriosus) in the heart of the baby. If you need treatment for longer than a few days, your doctor may recommend additional
- your doctor may recommend additional monitoring.

 Do not use if you are breast-feeding.

 Naproxen may make it more difficult to become pregnant. You should discuss with your doctor if you are planning to become pregnant or if you have problems becoming pregnant. becoming pregnant.

Driving and using machines

Naproxen may cause a feeling of dizziness or "spinning", drowsiness, tiredness, difficulty in sleeping, depression or problems with your eyesight. If you are affected, do not drive or operate machinery.

Important information about some of the ingredients of Naproxen

Lactose

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

This medicine contains less than 1 mmol sodium (23 mg) per tablet, that is to say essentially 'sodium-free'

Sunset vellow (E110)

This ingredient may cause allergic reactions.

3.How to take Naproxen

Always take Naproxen exactly as your doctor or pharmacist has told you. You should check with your doctor or pharmacist if you are not sure.

The tablets should be taken with or after food and should be swallowed whole preferably with a drink of water. **Do not chew the tablets**.

The recommended dose is:

Adults

- Rheumatoid arthritis, osteoarthritis and
- Rheumatoid arthritis, osteoarthritis and ankylosing spondylitis
 The usual dose is 500 mg 1000 mg daily.
 This may be taken as 250 500 mg twice a day at 12-hour intervals or all at once.
 Acute musculoskeletal disorders and period
- pains 500 mg to start with, then 250 mg every 6 8 hours as needed. The maximum daily dose (after the first day) is 1250 mg.

Acute gout

750 mg immediately, then 250 mg every 8 hours until the attack has passed.

The Elderly

• The usual adult dose is suitable. To reduce The usual adult dose is Surabal. To reduce the possibility of side effects if you are elderly, you should use the minimum dose for the shortest possible time. Your doctor may monitor you for bleeding in the stomach. If you have kidney problems your doctor may recommend a reduction in dosage.

Patients with liver and kidney problems

Your doctor will decide an appropriate dose, which may be lower than for other adults. Your dose should be reviewed by your doctor at regular intervals

Use in children Children over 5 years of age • Juvenile rheumatoid arthritis

Your doctor will calculate the appropriate dose depending on your child's body weight. The dose should be taken twice a day every

Naproxen should not be used to treat anything else in children less than 16 years of age.

If you take more Naproxen than you should

If you take more Naproxen than you should If you (or someone else) swallow a lot of the tablets all together, or if you think a child has swallowed any of the tablets, contact your nearest hospital casualty department or your doctor immediately. An overdose is likely to cause headaches, drowsiness, heartburn, indigestion or abdominal pain, feeling sick or being sick, bleeding in the digestive tract, diarrhoea, disorientation, irritation, breathing difficulties, coma, dizziness, ringing in the ears, fainting, fits, in some cases kidney and/or liver problems. Please take this leaflet, any remaining tablets, and the container with you to the hospital or doctor so that they know which tablets were doctor so that they know which tablets were consumed.

If you forget to take Naproxen
If you forget to take a tablet, take one as soon
as you remember, unless it is nearly time to
take the next one. Do not take a double dose
to make up for a forgotten dose. Take the
remaining doses at the correct time.

If you stop taking Naproxen
Do not stop taking your medicine without talking to your doctor first even if you feel

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4.Possible side effects

Like all medicines, Naproxen can cause sid effects, although not everybody gets them.

- STOP TAKING the tablets and seek immediate medical help if you suffer from any of the following at any time during your treatment:

 an allergic reaction causing swelling of the lips, face or neck leading to severe difficulty in breathing, skin rash or hives (with symptoms such as itching, nettle rash, bruise like rash), or worsening of existing asthma

 Stevens-Johnson syndrome (severe blisters and bleeding in the mucous membranes of the lips, eyes, mouth, nasal passage, and
- and bleeding in the mucous membranes of the lips, eyes, mouth, nasal passage, and genitals) or a skin reaction causing blistering and flaking of the skin pass blood in your faeces (stools/motions) pass black tarry stools (a symptom of bleeding in the stomach or intestines) vomit any blood or dark particles that look like coffee grounds.

 These are very serious side effects. You may need urgent medical attention or hospitalisation.

STOP TAKING the tablets and tell your doctor

you experience: indigestion or heartburn, abdominal pain (pains in your stomach) or other abnormal stomach symptoms.

The following side effects have also been

- reported:

 Most common

 feeling sick and/or being sick
 diarrhoea

 bloating and/or constipation
 abdominal pain, indigestion and/or
 heartburn
 inflammation of the mouth, lips, cheeks,
 gums or throat.

- Less common

 inflammation in the lining of the stomach

 ulcers in the stomach and/ or intestines

 small holes in the stomach and/ or
 intestines (perforations)

 colitis (inflammation of the lining of the
 large intestina)

large intestine).

Very Rare

• pancreatitis (inflammation of the pancreas).

Not known

- Not known

 Widespread rash, high body temperature, liver enzyme elevations, blood abnormalities (eosinophilia), enlarged lymph nodes and other body organs involvement (Drug Reaction with Eosinophilia and Systemic Symptoms which is also known as DRESS). (See also section 2 "Warnings and precautions") a distinctive cutaneous allergic reaction known as fixed drug eruption, that usually recurs at the same site(s) on re-exposure to the medication and may look like round or oval patches of redness and swelling of the skin, blistering (hives), itching.

Other side effects can include:

- Other side effects can include:
 medicines such as Naproxen may be
 associated with a small increased risk of heart
 attack ("myocardial infarction") or stroke.
 heart problems such as inflammation of the
 blood vessels, water retention, high blood
 pressure, heart palpitations (a fluttering
 feeling in your heart), congestive heart
 faillure (heart problems which can cause
 shortness of breath or ankle swelling) or
 heart failure
 kidney problems such as inflammation of the
 kidneys, kidney damage or kidney failure,
 blood in the urine or raised serum
 creatinine (which may cause changes in
 blood chemistry)
 liver problems such as abnormal liver
 function test results, inflammation of the
 liver (hepatitis), jaundice (yellowing of the
- liver (hepatitis), jaundice (yellowing of the skin or whites of the eyes)
- problems with the senses such as vision problems, inflammation of the optic nerve, pins-and-needles or numbness, ringing in
- pionisms, maintation of the opic let ve, pins-and-needles or numbness, ringing in the ears or impaired hearing aseptic meningitis (inflammation of the lining of the brain), especially in patients with an auto-immune disease e.g. Systemic Lupus Erythematosus (SLE) or mixed connective tissue disease; symptoms may include stiff neck, fever, disorientation, depression, confusion or hallucinations, ringing in the ears or hearing problems, dizziness and vertigo, a general feeling of being unwell, unusual tiredness or drowsiness eosinophilic pneumonitis (lung infection which causes difficulty in breathing and night sweats) blood disorders such as low numbers of red or white blood cells, low levels of calcium
- blood disorders such as low numbers of red or white blood cells, low levels of calcium in the blood, high levels of potassium (which may cause abnormal heart rhythm), reduction in blood platelets (which may increase the risk of bleeding and bruising), neutropenia (which may cause fever or chills, sore throat, ulcers in your mouth or throat) oesophagitis (inflammation of the gullet) mental illnesses such as difficulty in sleeping, abnormal dreams, depression, confusion, hallucinations nervous system problems such as fits, dizziness, headaches, light-headedness, drowsiness, forgetfulness and difficulty concentrating female infertility sensitivity to light hair loss

- hair loss a general feeling of being unwell, tiredness, fever, sweating, thirst, muscle pain or weakness, bruising other skin rashes such as inflammatory skin
- eruption and red-purple swelling on the legs.

Reporting of side effects
If you get any side effects, talk to your doctor
or pharmacist. This includes any possible side
effects not listed in this leaflet. You can also
report side effects directly via the Yellow Card report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Naproxen

Keep this medicine out of the sight and reach of children

These tablets should be stored in the package

These tablets should be stored in the package or container supplied. Do not store above 25°C. Store in the original package in order to protect from light. Do not transfer them to another container. Do not use Naproxen after the expiry date that is stated on the outer packaging. The expiry date refers to the last day of that month. Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6.Contents of the pack and other information

What Naproxen Tablets contain:

- The active ingredient is naproxen 250 mg or 500 mg.
 The other ingredients are lactose
- monohydrate, maize starch, povidone, sodium starch glycollate (type A), magnesium stearate, sunset yellow (E110) and quinoline yellow (E104).

What Naproxen Tablets look like and contents

- What Naproxen Tablets look like and contents of the pack:

 Naproxen 250 mg are flat yellow, circular bevel edged tablets marked "APS" or plain on one side and "250 0538" with a break-line on the reverse.

 Naproxen 500 mg are yellow, capsule shaped tablets marked "APS" or plain on one side and "500 0539" with a break-line on the reverse.

 The product is available in packs sizes of 10, 28, 56, and 100 tablets in blister strips and 100, 250 or 500 tablets in containers.

 Not all pack sizes may be marketed.

Marketing Authorisation Holder: Teva UK Limited, Ridings Point, Whistler Drive, Castleford, WF10 5HX, United Kingdom

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